

# One Bread, One Body

Based on 1 Corinthians 10:16–17; 12:4, 12–13, 20;  
Galatians 3:28; Ephesians 4:4–6; The Didache 9

John Foley, S.J.

**INTRO: Tranquil and slow** (♩ = ca. 69)

**REFRAIN**  
*a tempo*

Descant\*  
One bread, \_\_\_\_\_ one

(Melody)  
Soprano  
Alto  
One bread, one

Tenor  
Bass  
One bread, one

Organ  
Gt.  
*f* rit. *a tempo*

bod - y, \_\_\_\_\_ one Lord of all, \_\_\_\_\_ one cup of

bod - y \_\_\_\_\_ one Lord of all, \_\_\_\_\_ one cup of

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\*For use instead of four-part harmony, especially when the congregation joins the refrain.

ble - ss - ing which we ble - ss, \_\_\_\_\_ and we, \_\_\_\_\_ though

*rit.* *a tempo*

ble - ss - ing which we ble - ss, \_\_\_\_\_ and we, \_\_\_\_\_ though

*rit.* *a tempo*

*rit.* *a tempo*

man - y, \_\_\_\_\_ through - out the earth, \_\_\_\_\_ we are one

man - y, \_\_\_\_\_ through - out the earth, \_\_\_\_\_ we are one

1-3 *a tempo* to Verses

*rit.*

bod - y in this one Lord.

*rit.* *a tempo*

*rit.* *a tempo*

1-3 to Verses

*rit.* *a tempo*

1-3 to Verses

*rit.* *a tempo*

Detailed description: This system contains three staves. The top staff is a vocal line in treble clef with a key signature of one sharp (F#). It begins with the lyrics 'bod - y in this one' followed by a long note and 'Lord.'. Above the staff, there are markings for '1-3 a tempo to Verses' and 'rit.'. The middle and bottom staves are piano accompaniment in treble and bass clefs respectively. The piano part includes markings for 'rit.' and 'a tempo'.

Final *a tempo* *rit.* *Fine*

Lord.

Final *a tempo* *rit.* *Fine*

Lord.

*a tempo* *rit.*

Final *a tempo* *rit.* *Fine*

*a tempo* *rit.*

Detailed description: This system contains three staves. The top staff is a vocal line in treble clef with a key signature of one sharp (F#). It begins with the lyrics 'Lord.' followed by a long note. Above the staff, there are markings for 'Final a tempo rit. Fine'. The middle and bottom staves are piano accompaniment in treble and bass clefs respectively. The piano part includes markings for 'a tempo' and 'rit.'.

VERSES: *Slightly faster, with excitement* (♩ = ca. 72)

*f*

1. Gen - tile or Jew, ser - vant or free,  
 2. Man - y the gifts, man - y the works,  
 3. Grain for the fields, scat - tered and grown,

*f*

Sw.

*mp* *rit.* *mf* *D.S.*

1. wo - man or man, \_\_\_\_\_ no more. \_\_\_\_\_ One  
 2. one in the Lord \_\_\_\_\_ of all. \_\_\_\_\_ One  
 3. gath - ered to one \_\_\_\_\_ for all. \_\_\_\_\_ One

*mp* *rit.* *mf*

*mp* *rit.* *mf* *D.S.*

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(Guitar/Vocal)

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**INTRO: Tranquil and slow** (♩ = ca. 69)

**REFRAIN**

G C/G G C/G *rit.* *mf* G *a tempo* C/G Galt. C/G

One bread, \_\_\_\_\_ one bod - y, \_\_\_\_\_

G D/F# Em B Em D/F# G Em A

\_\_\_\_\_ one Lord of all, \_\_\_\_\_ one cup of bless - ing which we bless. \_\_\_\_\_

D *rit.* D7 G *a tempo* C/G Galt. C/G G D/F#

\_\_\_\_\_ And we, \_\_\_\_\_ though man - y, \_\_\_\_\_ through - out the

Em B Em D/F# G Em A *rit.* D D7

earth, \_\_\_\_\_ we are one bod - y in this one \_\_\_\_\_

1-3 G C/G C C/G G D/F# <i>a tempo</i>	to Verses	Final G C/G G C/G G C/G G C/G G <i>a tempo</i> <i>rit.</i> <i>Fine</i>
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Lord. \_\_\_\_\_ Lord. \_\_\_\_\_

VERSES: *Slightly faster, with excitement* (♩ = ca. 72)

Em Melody *f marcato* D Em D

1. Gen - tile or Jew, ser - vant or free,  
 2. Man - y the gifts, man - y the works,  
 3. Grain for the fields, scat - tered and grown,

Em F Am D D7

1. wom - an or man, \_\_\_\_\_ no more. \_\_\_\_\_ One  
 2. one in the Lord \_\_\_\_\_ of all. \_\_\_\_\_ One  
 3. gath - ered to one, \_\_\_\_\_ for all. \_\_\_\_\_ One

## Assembly Edition

### ONE BREAD, ONE BODY

John Foley, S.J.

Refrain

One bread, one bod-y, one Lord of all,  
 one cup of bless-ing which we bless. And we, though  
 man-y, through-out the earth, we are one bod-y in this

Verses

one Lord.	1. Gen-tile or Jew, 2. Man - y the gifts, 3. Grain for the fields,	ser - vant or man - y the scat-tered and
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to Refrain

1. free, 2. works, 3. grown,	wom - an or man, one in the Lord gath-ered to one,	no more. of all. for all.
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Text: Based on 1 Corinthians 10:16-17; 12:4, 12-13, 20; Galatians 3:28; Ephesians 4:4-6; The Didache 9.  
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