

STAND FIRM

(Sean Firmes)

REFRAIN *Strong* (♩. = ca. 96)

Melody

Stand, oh stand firm. Stand, oh
Fir-mes, se-an fir-mes. Fir-mes, se-an

Keyboard

f

8va ad lib

3

3

Detailed description: This system contains the first two measures of the refrain. The melody is in 6/8 time, starting with a half note on G4, followed by quarter notes on A4, B4, and C5. The keyboard accompaniment features a strong dynamic *f* and includes a triplet of eighth notes in the bass line. The first measure is marked with a chord of F major, and the second measure with a chord of C major.

F Dm C7 F *Fine*

stand firm. Stand, oh stand firm and see what the Lord can do.
fir-mes. Fir-mes, se-an fir-mes y vean el po-der de Dios.

Keyboard

Fine

3

2

2

Detailed description: This system contains the final two measures of the refrain. The melody concludes with a half note on G4. The keyboard accompaniment features a triplet of eighth notes in the bass line and a final cadence. The first measure is marked with a chord of F major, the second with D minor, the third with C7, and the fourth with F major. The system ends with a double bar line and the word *Fine*.

Text: Refrain, Traditional Cameroon Song. Verses, Christopher Walker, b. 1947. Spanish tr. by Kathleen Orozco, b. 1945, Rocío Ríos, b. 1965, and Mary Straub, b. 1950. Verses and Spanish translation © 1998, 2000, 2001, Christopher Walker. Published by OCP Publications. All rights reserved.

Music: Traditional Cameroon Song; arr. by Christopher Walker, © 1998, 2000, 2001, Christopher Walker. Published by OCP Publications. All rights reserved.

*VERSES: Cantor

- | | |
|------------------|-------------------------------------------------|
| | 1. With the Word of God in your heart: |
| | 2. With your faith strong in the Lord: |
| | 3. With the Spirit of God as your guide: |
| | 4. Put your trust in the power of God: |
| | 5. With all who trust in the Lord: |
| | 6. As you grow in faith and in love: |
| 1st Scrutiny | 7. Wor - ship God in spir - it and truth: |
| 2nd Scrutiny | 8. Walk with faith in the light of the Lord: |
| 3rd Scrutiny | 9. Now be - lieve and have life in the Lord: |
| Lent/Holy Week | 10. By his blood which for sin - ners was shed: |
| Lent/Holy Week** | 11. You are washed in the blood of the Lamb: |
| Easter Vigil** | 12. We have life in the Bod - y of Christ: |

*ESTROFAS: Cantor

- | | |
|-------------------------|---------------------------------------------------------------|
| | 1. Con la Pa - la - bra muy den - tro del ser: _____ |
| | 2. For - ta - lez - can su fe en el Se - ñor: _____ |
| | 3. Con la guí - a del Es - pí - ri - tu San - to: _____ |
| | 4. Pon - gan su fe en el po - der del Se - ñor: _____ |
| | 5. Con - fí - en to - dos en nues - tro Se - ñor: _____ |
| | 6. Mien - tras cre - cen en fe y a - mor: _____ |
| Primer Escrutinio | 7. Y a - do - ren en es - pí - ri - tu y ver - dad: _____ |
| Segundo Escrutinio | 8. Que ca - mi - nen con fe en Su luz: _____ |
| Tercer Escrutinio | 9. Aho - ra crean y ten - gan vi - da en Cris - to: _____ |
| Cuaresma/Semana Santa | 10. Por su san - gre de - rra - ma - da por to - dos: _____ |
| Cuaresma/Semana Santa** | 11. Los re - di - me la san - gre de Cris - to: _____ |
| Vigilia Pascual** | 12. Te - ne - mos vi - da en el cuer - po de Cris - to: _____ |

*After a verse in English, sing a refrain in English. After a verse in Spanish, sing a refrain in Spanish.
Catechumens and candidates may make up their own verses describing their journey of faith.

**Verses 11 and 12 are appropriate for candidates.

STAND FIRM

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Capo 3: (D)
F

(A)
C

Melody

Stand, oh stand firm. Stand, oh
Fir-mes, se-an fir-mes. Fir-mes, se-an

Harmony I & II

(D)
F

(Bm)
Dm

(A7)
C7

(D)
F

stand firm. Stand, oh stand firm and see what the Lord can do.
fir-mes. Fir-mes, se-an fir-mes y vean el po-der de Dios.

Fine

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***VERSES: Cantor**

- | | |
|-------------------------|-------------------------------------------------|
| | 1. With the Word_____ of God in your heart: |
| | 2. With your faith_____ strong in the Lord: |
| | 3. With the Spir - it of God as your guide: |
| | 4. Put your trust in the pow - er of God: |
| | 5. With_____ all_____ who trust in the Lord: |
| | 6. As you grow___ in faith and in love: |
| 1st Scrutiny | 7. Wor - ship God___ in spir - it and truth: |
| 2nd Scrutiny | 8. Walk with faith in the light of the Lord: |
| 3rd Scrutiny | 9. Now be - lieve and have life in the Lord: |
| Lent/Holy Week | 10. By his blood which for sin - ners was shed: |
| Lent/Holy Week** | 11. You are washed in the blood of the Lamb: |
| Easter Vigil** | 12. We have life in the Bod - y of Christ: |

***ESTROFAS: Cantor**

- | | |
|--------------------------------|--------------------------------------------------------------|
| | 1. Con la___ Pa - la - bra muy___ den - tro del___ ser:___ |
| | 2. For - ta - lez - can su___ fe en el Se - ñor:___ |
| | 3. Con___ la guí - a del Es - pí - ri - tu___ San-to:___ |
| | 4. Pon-gan su fe en el po - der del Se - ñor:___ |
| | 5. Con-fí - en to - dos en___ nues - tro Se - ñor:___ |
| | 6. Mien - tras cre - cen en___ fe y a - mor:___ |
| Primer Escrutinio | 7. Y___ a - do - ren en es - pí - ri - tu y ver - dad:___ |
| Segundo Escrutinio | 8. Que___ ca - mi - nen con___ fe en Su___ luz:___ |
| Tercer Escrutinio | 9. Aho - ra crean y ten-gan vi - da en___ Cris-to:___ |
| Cuaresma/Semana Santa | 10. Por___ su san - gre de - rra - ma - da por___ to-dos:___ |
| Cuaresma/Semana Santa** | 11. Los___ re - di - me la___ san - gre de___ Cris-to:___ |
| Vigilia Pascual** | 12. Te - ne - mos vi - da en el cuer - po de___ Cris-to:___ |

Harmony

Ah_____

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 **Verses 11 and 12 are appropriate for candidates.

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Harmony I & II

(D)
F

(Bm)
Dm

(A7)
C7

(D)
F

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Fine

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| | 3. Con la guí - a del Es - pí - ri - tu San - to: _____ |
| | 4. Pon - gan su fe en el po - der del Se - ñor: _____ |
| | 5. Con - fí - en to - dos en nues - tro Se - ñor: _____ |
| | 6. Mien - tras cre - cen en fe y a - mor: _____ |
| Primer Escrutinio | 7. Y a - do - ren en es - pí - ri - tu y ver - dad: _____ |
| Segundo Escrutinio | 8. Que ca - mi - nen con fe en Su luz: _____ |
| Tercer Escrutinio | 9. Aho - ra crean y ten - gan vi - da en Cris - to: _____ |
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Harmony

Ah _____

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