

Able

(Keyboard/Vocal)

Words and Music by Sarah Hart
Keyboard accompaniment by Ed Bolduc

INTRO Gospel rock (♩ = ca. 96)

E

A/E E A/E E F#m/E

VERSES

1,4. He a-lone__ is a-ble,____ a-ble to__ ful-fill__
 2. He a-lone__ is a-ble,____ a-ble to__ for-give__
 3. He a-lone__ is a-ble,____ a-ble to__ re-store__

E

1,4. ev-'ry-thing__ I hope__ for,____ keep-ing in__ his will.____ He will
 2. all the times__ I've fall-en,____ for I know__ he lives.____ He lives
 3. lives that have__ been shat-tered,____ souls that are__ at war,____

A E A/E E

1,4. hold me close__ be - side__ him__ e - ven when__ I fail.__ Oh,
 2. deep with - in__ my spir - it__ where I'm freed__ from sin.__ Oh,
 3. hearts that have__ been bro - ken,__ heal - ing them__ once more.__ Oh,

A

1
 1,4. he a - lone__ is a - ble to__ ful - fill.
 2. he a - lone__ is a - ble to__ for -
 3. he a - lone__ is a - ble to__ re -

E B A/E E

D.S. 2-4

2. give.
 3. store.
 4. fill.

D.S. 2-4
 E A/E E

REFRAIN

Melody

A - ble, my God is a - ble, a - ble to set

Soprano

Alto/Melody

Tenor

Bass

E A E

my spir - it free. Look - ing past my fail - ures,

my spir - it free. Look - ing past my fail - ures,

my spir - it free. Look - ing past my fail - ures,

my spir - it free. Look - ing past my fail - ures,

my spir - it free. Look - ing past my fail - ures,

B E

down in - to — my heart, — he is a - ble to — love —

down in - to — my heart, — he is a - ble to — love —

A7 E B

Detailed description: This system contains the first two staves of a musical score. The top staff is a vocal line in treble clef with lyrics. The second staff is a piano accompaniment in treble clef. The third staff is a piano accompaniment in bass clef. The key signature has three sharps (F#, C#, G#). The first two staves have lyrics: "down in - to — my heart, — he is a - ble to — love —". The piano accompaniment features a rhythmic pattern of eighth and sixteenth notes. The third staff includes chord markings: A7, E, and B.

1, 2 *D.S.*
me.

1, 2 *D.S.*
me.

1, 2 E A/E E G/E D/E A/E G/E *D.S.*

Detailed description: This system contains the second two staves of a musical score. The top staff is a vocal line in treble clef with lyrics. The second staff is a piano accompaniment in treble clef. The third staff is a piano accompaniment in bass clef. The key signature has three sharps (F#, C#, G#). The first two staves have lyrics: "me." and "me.". The piano accompaniment features a rhythmic pattern of eighth and sixteenth notes. The third staff includes chord markings: E, A/E, E, G/E, D/E, A/E, G/E.

Final

me. He is a - ble to love

Final

me. He is a - ble to love

Final

E A7 E B

me. He is a - ble

me. He is a - ble

E A E B7

Detailed description: This page contains three systems of musical notation. Each system includes a vocal line (treble clef), a piano accompaniment (treble and bass clefs), and guitar chords. The key signature is three sharps (F#, C#, G#). The first system is marked 'Final' and contains the lyrics 'me. He is a - ble to love'. The second system is also marked 'Final' and contains the lyrics 'me. He is a - ble to love'. The third system is marked 'Final' and contains the lyrics 'me. He is a - ble' and 'me. He is a - ble'. The guitar chords for the first system are E, A7, E, and B. The guitar chords for the third system are E, A, E, and B7. The piano accompaniment features a steady bass line and a more active treble line with chords and arpeggios.

to love me.

to love me.

This system contains the vocal line and the first two staves of the piano accompaniment. The vocal line is in treble clef with a key signature of three sharps (F#, C#, G#). The piano accompaniment consists of a right-hand staff in treble clef and a left-hand staff in bass clef. The lyrics "to love me." are written below the vocal line and the first piano staff.

E

This system shows the piano accompaniment for the second system. It features a right-hand staff in treble clef and a left-hand staff in bass clef. The key signature remains three sharps. The letter "E" is placed above the first measure of the right-hand staff, indicating the chord. The piano part includes arpeggiated chords and moving bass lines.

G/E D/E A/E G/E E

This system continues the piano accompaniment. The right-hand staff in treble clef has chord labels "G/E", "D/E", "A/E", "G/E", and "E" placed above the notes. The left-hand staff in bass clef continues with the bass line. The system concludes with a double bar line.

Able

(Guitar/Vocal)

Words and Music by Sarah Hart

INTRO Gospel rock (♩ = ca. 96)

E

(Keyboard)

VERSES

A/E E A/E E F#m/E E

- 1,4. He a-lone__ is a - ble, __
- 2. He a-lone__ is a - ble, __
- 3. He a-lone__ is a - ble, __

A

- 1,4. a - ble to__ ful - fill__ ev - 'ry - thing__ I hope__ for, __
- 2. a - ble to__ for - give__ all the times__ I've fall - en, __
- 3. a - ble to__ re - store__ lives that have__ been shat - tered, __

E A/E E

- 1,4. keep - ing in__ his will. __ He will hold me close__ be - side__ him __
- 2. for I know__ he lives. __ He lives deep with - in__ my spir - it __
- 3. souls that are__ at war, __ & hearts that have__ been bro - ken, __

A E B

- 1,4. e - ven when__ I fail. __ Oh, he a-lone__ is a - ble to__ ful -
- 2. where I'm freed__ from sin. __ Oh, he a-lone__ is a - ble to__ for -
- 3. heal - ing them__ once more. __ Oh, he a-lone__ is a - ble to__ re -

1 E A/E E D.S. 2-4 E A/E E

(Keyboard)

- 1. fill.
- 2. give.
- 3. store.
- 4. fill.

REFRAIN

Soprano E A E

Alto/Melody

Tenor

Bass

A - ble, my God is a - ble, a - ble to set

B E

my spir - it free. Look - ing past my fail - ures,

A7 E B

down in - to my heart, he is a - ble to love

1, 2 D.S. Final

E A/E E G/E D/E A/E G/E E A7

(Keyboard)

me. me.

E B E A

He is a - ble to love me.

E B E

He is a - ble to love me.

G/E D/E A/E G/E E

(Keyboard)

Notes

I wrote this song during my first six months in Nashville. I had moved to Nashville immediately after college wanting to pursue a career in music. I was unsure of so many things, especially finding success in this new life, but it gave me comfort to remember that God assured me “a future and a hope” — perhaps not the one I was seeking, but one well worth growing into. I came to an understanding that God alone, not worldly circumstances or possessions, is able to fulfill me in my life. He alone is truly able to be all the things that each of us needs in our individual lives: hope, healing, understanding, guidance, father, friend, peace.

— S.H.

ABLE (Continued)

REFRAIN

A - ble, my God is a - ble, —
 a - ble to set my spir - it free.
 Look - ing past my fail - ures, — down in - to —
 my heart, — he is a - ble to love —
 me. —
 He is a - ble to love me. —
 He is a - ble to love me.

[1, 2] to Verses 3, 4 [Final]

ABLE

Sarah Hart

VERSES

1, 4. He a - lone is a - ble, — ful - fill —
 2. He a - lone is a - ble, — for - give —
 3. He a - lone is a - ble, — a - ble to re - store —
 1, 4. ev - 'ry - thing I hope — for, — keep - ing in — his will. —
 2. all the times I've fall - en, — for I know — he lives. —
 3. lives that have been shat - tered, — souls that are — at war, —
 1, 4. He will hold me close — be - side — him —
 2. He lives deep with - in — my spir - it —
 3. hearts that have been bro - ken, —
 1, 4. e - ven when I fail. — Oh, he a - lone is a -
 2. where I'm freed from sin. — Oh, he a - lone is a -
 3. heal - ing them — once more. — Oh, he a - lone is a -
 1, 4. - ble to — ful - fill. — 2. give. —
 2. - ble to — for - - 3. store. —
 3. - ble to — re - - 4. fill. —
 [1] to Verse 2 [2-4]

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